

SPORTSTUTOR FUTSAL ACADEMY

EST. 2002



Mind-Skill-Game

At SportsTutor, our mission is to develop subtle, expressive, creative players through solid understanding and execution of fundamental techniques with objective evaluation. We are a training academy with the sole purpose of developing technically superior players. Since our inception in 2002 we have focused on developing our athletes' skill sets both mentally and physically. Our program focuses on three key elements: Mind, Skill, Game. We resolutely concentrate on defining the relationship between Mind (Concentration, focus, and mental toughness), Skill (Confidence and composure on the ball), and Game (Understanding the game of soccer).

Futsal

Our Founder, Owner, and Director of Coaching, Ty Stauffer, was visiting a friend in Spain post college graduation when he was first introduced to futsal. He looked out his friend's window and saw people playing soccer, but on a court surface with only five players on each team. He went outside to watch and immediately fell in love with the simplicity of the game. He came to learn that the sport that combined his two loves and both the sports he played in college (basketball and soccer), was called 'futsal.' He came back to the states and decided to follow his passion and start a futsal academy for youth players to teach them about the game guided by the quote from Leonardo Da Vinci that says, "Simplicity is the ultimate form of sophistication."

Lou City/Racing Louisville Affiliation

Our affiliation with the professional teams of Racing Louisville and Louisville City allows us to work together to schedule matches at their state of the art facility. The relationship also allows us to send athletes to their training facility for evaluations by their coaching staff should an athlete stand out within our program. We have a great line of communication with their club, coaches and directors and this helps us provide great opportunities to our club members.

Parent Expectations

To have a successful program, there must be understanding and cooperation among parents, players, team managers and coaches. Your athletes progress and success will depend on this relationship.

Player and Team Support

Your child needs positive support at home, on the practice field, and on the competition field. This will help your child to be more confident, enjoy soccer more, and perform better in training and in competition.

A player develops best when he/she trusts and respects the coach.

The coach's job is to motivate, teach, and constructively critique each player's performance.

We want the players to relate to their coach as soon as possible regarding soccer issues. This relationship between coach and player produces the best results.

When parents express opinions as to how a player should play, what position they should play, how much playing time they should receive, etc., it causes considerable confusion.

If you have particular concerns, suggestions, or just a question, please speak to your team coach or manager.

Above all, we ask that you avoid coaching your child during a game. Being told what to do from both the coach and the fans can be confusing for the players.

Avenues for Communication

- Remember, there is a time and place for everything. If you need information or wish to ask questions concerning team management or coaching decisions, please contact the team coach to obtain the information or to arrange a meeting.
- Concerns or constructive criticisms are welcome, but should be expressed away from training sessions, games, and players. The avenues of communication are the following: head coach followed by Club Director
- Both STFA and U.S. Youth Soccer recommend that parents approach coaches regarding emotionally charged questions, comments, or criticisms on the day after an issue comes up.
- Avoid the use of alcohol, tobacco, profanity and abusive language of all kinds at events that involve or relate in any way to STFA, its players, and/or coaching staff.

Failure to comply with STFAS policies and procedures can result in disciplinary action



Player Expectations

Every STFA player is expected to conduct themselves on and off the field with appropriate distinction and behavior. We want other organizations to be able to identify our club through the exemplary conduct of our players. Players are expected to conduct themselves in a manner consistent with the club values. The STFA Director of Coaching expects all team coaches to discipline and sanction players as they feel appropriate if player conduct falls below the expected levels. The STFA Director of Coaching will review disciplinary matters at the request of club members.

Provided below are the standards established by STFA to govern the behavior of players before, during and after soccer matches and during training session:

- Arrive on time (on time means 30-45 before start of match) for all training sessions and games in proper attire with ball, shinguards and water. No jewelry.
- Wear appropriate uniform to all games and training session.
- Notify the coach in advance of absences from training sessions and games.
- Show good sportsmanship at all times.

Age Group	Juggling	Toe Touches/ 20	Left Foot Passing/ 100	Right Foot Passing/ 100	Alt Foot Passing/ 100	1 Mile Run-Boys	1 Mile Run-Girls	Juggling Rt Ft only	Juggling Lt Ft only
U12	100	70	2:00	1:40	1:50	8:30	9	30	30
U11	50	65	2:10	1:55	2:05	9:00	9:30	20	20
						1/2 mile	1/2 mile		
U10	25	60	2:20	2:05	2:15	4:20	4:30	10	10
U9	10	55	2:45	2:30	2:40	NA	NA	7	7
U8	5	50	3:45	3:00	3:30	NA	NA	3	3

Pass Skill Directions: Find a wall and mark a line 5 feet from it. All passes must be completed behind the 5 ft mark. Count only the passes with prescribed foot. If player uses the non-prescribed foot that pass does not count toward the 100 total. Record the amount of time to obtain 100 passes. All passes should be with the inside of the foot with ankle locked.

- Do not address remarks to opposing players, coaches, spectators, or referees except when remarks convey genuine friendship and respect or are in response to questions by the referee.
- Do not retaliate when fouled.
- Avoid comments or gestures, which express disgust or disagreement with referee calls.

These are offenses that could warrant a yellow or red card from the referee. Display of temper will not be tolerated on the field or in the playing area.

- Display a consistently positive attitude toward your teammates and coaches. Your true strength of character will be displayed on the field when you are under pressure and your team is losing. What kind of person are you?
- Play against your opponents, not the referee. Worrying over referee calls with which you disagree can prevent you from playing at your best.
- Treat your teammates with respect. This builds team chemistry and camaraderie.
- Win or lose, at the end of the match the entire team will shake hands with the opposing team and referee.
- If problems or concerns arise, always bring them to your coach or Director of Coaching.

Players who persist in violating these standards of conduct will jeopardize their standing as players within STFA. Flagrant disregard for rules of play and standards of conduct will result in stringent disciplinary action, including possible loss of standing, loss of travel privileges, and/or complete removal from the Club.

Where to find us:

Facebook: <https://www.facebook.com/SportsTutorTraining>

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